

THYROGENE 2000: Assists weight balance, healthy emotions, circulation, bodily warmth, natural immunity, mineral absorption (especially Iron), normal menstruation and energy.

TURMERIC & GINGER: Turmeric is a remarkable and well known spice used for generations in cooking and medicine. A recent study has supported its anti inflammatory, anti cancer and other properties. Studies of ginger also support its well known pain relieving and digestive healing properties. This formula contains high powered “extracts” delivering greater active principles than practical through dietary sources alone.

WILD YAM CREAM: A soothing skin cream containing the well known benefits of Wild Yam and Vitamin E. May assist menopausal symptoms such as: thinning vaginal membranes; temperature imbalance; mood swings; depression; and dry skin.

WITHANIA COMPOUND: A powerful formulae to combat the effects of stress and overwork. Assists with: irritable bowel syndrome; insomnia and nervous exhaustion.

WOMAN'S TONIC: Assists normal menstrual cycle, where there is discomfort or pain, mood swings, fertility and low libido. Many patients have used this formula successfully to have a baby where they had been unable to conceive in the

BLOOD PURIFYING TONIC, PARA, MINERAL MAX and REGULAR BOWEL are the main formulas for New Zealand Herbs exclusive cleansing and rebuilding program.



Michael McCammon is a professional naturopath, herbalist and iridologist and has practiced natural medicine for over 30 years. An experienced lecturer, his focus is on the underlying causes of health and disease. His well known and popular herbal products have been designed for real situations and have stood the test of time. Solutions are addressed sensibly and effectively without the use of drugs, surgery or radiation. Michael also uses cutting edge not always politically correct but delicious dietary programmes.



Ursi Riederer is a qualified Naturopath, she has a diploma in Naturopathy and for the last five years has worked for Michael McCammon as an assistant whilst completing her diploma. Ursi's goal as a Naturopath is to introduce clients to an alternative way of managing their health, as well as to educate and support clients throughout the healing process. Ursi is also a qualified chef and loves using food and nutrition as part of her treatment programmes, she loves to create nutritious food that is easy and also tastes fantastic.

Why Herbal remedies?

The use of plants as medicine is backed by the longest clinical trial in history. By observation and experimentation, all human cultures have proven over time, the efficacy of plant medicine.

Herbal medicine has a vast track record of over 38,000 years and the protocols fit with all the criteria of the scientific method, i.e. observation, hypothesis, experimentation, proving, and results are consistently repeated. It is natural, perfectly logical and based on natural laws and principles. Today, over 75% of the world's population use Herbal Medicine as their primary means of health care.

Many chemical drugs are based on compounds found in plants. For example, the idea of Valium comes from the Valerian Root, and aspirin from the salicylates found in Willow Bark, yet these medicines were known by indigenous cultures for 1000's of years! Herbalists choose to use plant remedies because of their proven efficacy and their low or no risk of side effects.

Scientists can make artificial seawater in the laboratory; however, no fish will live in it! The biological complexity of plants cannot be reproduced and they are ideally suited to our biologically complex physiology. Although Herbalists recognize the existence of active principles within the plant, the other, less active parts are an integral part of the whole remedy. Nature is the perfect scientist.

Well chosen herbs are in harmony with human beings. Evolved by Nature herself, they are our allies and ideally suited to their role of promoting health and helping to move humanity beyond disease.

NEW ZEALAND HERBALS

26 Conway Street
CHRISTCHURCH, 8024.

NEW ZEALAND

Tel: 03-332-1786 FAX: 03-332-1486

Web: www.nzherbal.com

Email: office@nzherbal.com

Medicines of the Earth



THE COMPLETE HERBAL HEALING SYSTEM

BY MICHAEL J McCAMMON N.D

NATUROPATH, HERBALIST, IRIDOLOGIST



NEW ZEALAND
Herbs®

BLOOD PURIFYING TONIC: The main formula. Healthy functions of the liver, kidney, bowel and immune systems may be assisted. Many reports have come in about this tonic helping to heighten energy, especially where there is chronic fatigue, and alleviate skin problems. May improve wellbeing and help create smoother and more vibrant skin, hair and nails. Blood Purifying Tonic is the single most important remedy for overall health improvement.

BODY MIST: An excellent skin care treatment for the relief of skin irritations, blemishes, burns (including sunburn), broken capillaries, age spots and minor cuts and abrasions. Beauty Mist may also be used to help protect your skin from the effects of radiation and exposure. Comes in an attractive blue, glass, and spray bottle.

BRAHMI: Meaning “enlightenment this assists the cerebral-vascular system where there is a higher build up of cholesterol, poor brain circulation, manifesting as poor memory, headaches and fatigue

CHILDREN: To assist the normal development of nerve and brain function. Our children inherit the earth. Help them do so with a sound mind.

COD LIVER OIL 1000mg: The Number One Super food. Rich in Vitamin A, D and K, as well as the elongated fatty omega-3 acids EPA and DHA, Cod Liver Oil helps to: build strong bones and prevent osteoporosis; help develop the brain and nervous system; treats inflammation; improve heart function, supports thyroid function and is overall vastly superior to all other fish oils.

DENTAL PROGRAM: Michael’s simple but effective solutions for periodontal disease and dental decay. If your gums bleed or are sensitive and you have too many cavities this could be the answer.

FREEDOM: Assist respiratory distress such as: shortness of breath; difficult breathing; lung and bronchial affections; and asthma. Good reports have come in regarding relief for asthma -including reduced steroid intake.

GREEN MOUNTAIN OINTMENT: A topical application (poultice) for serious burns, cuts, ulcers, swellings and abrasions. This poultice can save lives and is a must for your first aid kit. The only living salve on the market – can only be kept for one year as made fresh.

HERBAL IRON: To assist the natural absorption of Iron. Containing Phyto Iron (Organic plant sourced Iron) without the side effects of inorganic iron. Has demonstrated remarkable effects in a short period of time in restoring energy, and radiant complexion where there is clinical or sub-clinical Iron deficiency anemia.

SUPREMA- C A superior natural vitamin C containing not only the active ascorbic acid but also bioflavonoids the augmenting essential co factors within real vitamin c complex. This essential vitamin must be taken daily. Ideal for daily supplementation and during all general infections, colds, flu,

KAWAKAWA OINTMENT: An all purpose ointment especially made for insect bites, stings, cuts, abrasions, rough, dry skin, psoriasis, corns, calluses and may assist the discomfort of hemorrhoids (piles) and other discomforting skin irritations. Free of mineral based products and petrochemicals this entirely natural (plant extractions and beeswax only) formula is also an excellent lip balm!

MAGNESIUM: Magnesium activates over 300 different biochemical reactions making it one of the most important bodily minerals. Deficiency causes myriad symptoms such as Muscle Cramps, Anxiety, Fatigue, Headaches, Irritability, Sleep-Disorders, Low Energy, Heart-Disorders, PMS, Muscle Tension, osteoporosis, overweight and bodily tension.

MINERAL MAX: To assist the body in healing a wide range of disorders where there is mineral deficiency or where there is fatigue, lack of flexibility, digestive discomfort, irritable bowel or pain. Minerals are essential for all bodily processes and it takes 7-10 times more nutrition to heal than it takes to maintain. It makes sense to take mineral food supplements no matter what your state of health.

PARA: To assist in expelling unwanted parasitic guests. Parasites are common in our population and can be the cause of a host of disorders ranging from irritability in children especially, to lowered immunity, glue ear, asthma and digestive discomfort.

PRECIOUS HERBS: Precious Herbal Tonic is a combination of a Blood and Qi tonic with the addition of Astragalus and Cinnamon. This formula is used for general debility, anemia, poor appetite and loss of weight, weak muscles, poor stamina, and cancer, and for recovery before, during and after surgery.

PROCLEANSE: A mild soothing bulk emollient powder which assists bowel regularity. Be assured of that fresh inner clean feeling. You’ll know the difference.

BLACK SALVE: A traditional herbal remedy used by the American Indians for skin cancer on animals. Applied as a poultice. We have had many successful cases. Ref Website.

REGULAR BOWEL: For constipation; to also assist the return of normal bowel motions and proper intestinal flora without drying or over stimulating. A normal bowel should move after every meal - it makes sense to cleanse your waste on a daily basis. Regular bowel imparts a moving experience without dependency.

REJUVENATION: A general tonic which assists providing a feeling of rejuvenation especially after a long illness or other life style habits such as late nights and other depleting factors. Traditional and Avurvedic medicine traditionally uses Rejuvenation Tonics known as “Rasayana”.

RENO: Assists the health of the genito-urinary system such as enuresis (bedwetting) poor kidney function, prostate troubles, incontinence and kidney related lower back pain.

SERENE: A mix of potent herbs renowned for improving mood and well being. Used in cases of depression, low spirits, and fatigue due to mental or emotional burdens. Contains St John’s Wort.

SEDATONE: Assists in times of anxiety and crisis, as at times circumstances and our emotions are overpowering. This formula contains herbals with stronger sedative and anti-anxiety properties – good for short-term use without the side effects of stronger drugs, anti-depressants, alcohol and other addictive substances. This one does not contain St Johns wort.

SKIN CREAMS: Michael formulates several different types of skin creams and ointments for all sorts of skin conditions. Ranging from simple rashes, pimples, through to eczema, psoriasis, warts, skin tags, moles up to burns and skin cancer. Also many wonderful beauty creams and products containing no animal products or artificial preservatives or chemicals for a beautiful, younger look.

SINEASE: Assists sinus afflictions, hay fever, upper-respiratory distress and allergies through drainage and natural immunity.

SOUTHERN OCEAN SALT: Natural, unprocessed, fully mineralized, sun-processed salt from the Pacific Ocean. New Zealand Herbals has created four varieties of salt: ‘White’ - Fully Mineralized Salt; ‘Green’ - Mineral and Vitamin Salt; ‘Red’ - Heart Friendly Salt; and ‘Brown’ - Natural Organic Iodized Salt. Natural salt is an essential daily supplement vital for many bodily processes - including the health of bones, pH balance and digestion.

CONSULTATIONS AND CUSTOM BLENDED FORMULATIONS: Real solutions for Tatts” (Tired all the time) Increase your energy, efficiency and well being. Fatigue, allergies, arthritis, IBS, skin problems, anxiety, insomnia, Pain, inflammation, headaches, insect bites, sports and fitness performance, health checks.